



MAINE-*LY* ELDER CARE

Newsletter February 2013

HEROES OF THE HEART

DENISE'S PEN

Alzheimer's Hero

by Valerie Stephenson

You entered my world extending
your hand,
Reaching for the "me" that I had
lost.
You helped me remember who I
am
With kind and gentle reminders
Of the memories composing my
life.

You took the time to know me
Beyond the intricacies of my
disease—
You helped me find my way, each
day,
Easing my fears,
Helping me feel that I still belong.

You overlooked my daily confusion,
Understanding the rage, giving me comfort.
You walked along with me, not for me,
Helping me face the day
With a sense of dignity and a semblance of pride.

My memory fades,
But I know when someone cares.
And I know when I look into your eyes
That you are my hero.
For you are faithful, you are strong,
And you respect the best of who I am.
And I know that your belief and steadfastness
Have allowed me to rediscover
The strength and courage
Of the hero that lies within me.



Hello All!

I hope you are enjoying our new website design and all the new features we have implemented within it. I am excited that I get to keep in touch with you all through our monthly newsletter. I can't believe we are already in February. February is a special month for us at Maine-ly Elder Care- because this month we celebrate-YOU! This month we celebrate all you heroes of the heart and the wonderful care

you give to the seniors we love to serve. You all make such a difference in the lives of seniors and you really are heroes in their hearts! Stop by the office on Valentine's Day and we will give you a rose and chocolate to celebrate!

February is also American Heart month, so be sure to take care of your heart by eating right and exercising. Please see our blog for more information on how to care for your heart and join us at Uncle Dean's Good Groceries on February 15th from 11am to 1pm to have your blood pressure checked- this is free to the public so bring a relative or a friend.

In closing, I just want to say that I am so proud and blessed to be able to work with such great caregivers here at Maine-ly Elder Care. The work you do every day enables the seniors in our communities to live independently at home and enrich their lives- Thank You!!!

Happy Valentine's Day- you are all heroes in my heart!

~Denise

The most nominated caregiver on Facebook is....

(See page 3 for answer) Don't forget to Like us on Facebook and join our next contest or campaign, the next winner might be YOU!



Employee Broadcast

A client called and complimented his staff, Kellie Bourgoin and Judy Westman. He stated they are, "Top notch."

A client's daughter called to pay a compliment to Amber Rountree, saying, "Nobody could top the care that the previous caregiver provided, but then Amber was sent into my home. We think the world of Amber."

Lucy Barton and Melissa Munn were given kudos from a client's wife. "They are wonderful employees, the family felt very comfortable with both of them in our home."

ANNIVERSARIES

Thank you to the following employees celebrating anniversaries this month. Your service and dedication is appreciated.

- Anita Johnson – 6 years!
- Judy Thibodeau – 6 years!
- Cathy Rush -7 years!
- Judy Scott – 6 years!
- Debbie Benner – 12 years!



Judy T, Marilyn F, Deb B, and Loretta F all Peer mentors and excellent caregivers

Holly Moore and Kirsty Luttgens share a client and were commended for their teamwork. "He has never been happier or better taken care of and the family has never been happier or less stressed out."

A client's wife sent a compliment to Lani Cuares saying, "To have someone with the training that she has to have her use the training was a relief. She is a big help!"

Keep up the great work!

Winner of the Perfect Attendance for February is Brenda Hazelton!



WHATS HAPPENING:



Heroes of the Heart: Come see us on Valentine's Day, all caregivers will get a rose and chocolate in appreciation for the care and compassion that are given to their clients.

February is American Heart Month: We will be at Uncle Dean's Good Groceries in Waterville on February 15 from 11:00am to 1:00pm for a free blood pressure clinic.

Black History Month: There will be great information available to all you history buffs!

The LIHEAP fundraiser was a great success. Thank you for everyone's support with the Facebook campaign and those who attended the Warmer Winter Wonderland at Calvary Temple.



RN Laurie playing at the Employee Holiday Luncheon



Auditor Katie, Staff Supervisor Raigan and PSS Shannon striking a pose at the Holiday Luncheon

PSS Staff members Kellie, Marilyn and Fay and Home Modifications and Property manager Shawn



FREE CERTIFICATION AVAILABLE!!!!

Alzheimer's and Dementia is a rapidly growing disease that is having a large impact on the clients, their families and the communities we serve. These clients have very specific needs for their care, which you can help with. We are offering everyone a **FREE** 23 hour course for Alzheimer's and Dementia. This course is available online and can be done at your convenience. After completion of the course you will have the option to get a \$25.00 Gift card to either Hannaford or Irving Gas Station.

If you are interested, please contact Brie for details.

465-3249 or brie@maine-lyeldercare.com

The most Nominated Caregiver on Facebook is Stacy Higgins!



WELCOME

MAINE-*LY* ELDER CARE



Connie Leach



Cheryl McKenney 1



Stephanie Symonevich



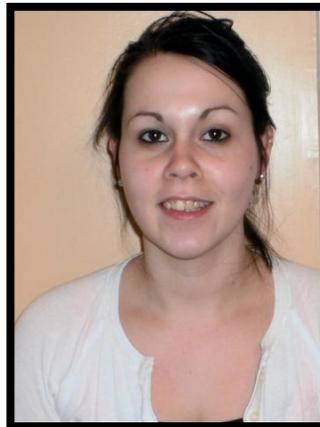
Judy Smith



Pamela Jacobs



Heather Giroux



Breanna Cox



Kat Bohner



April Wallace



Christine Thomas



Martha Rodrigue 1

We would like to welcome our newest PSS staff members. We look forward to your employment with us!